

Support for Engaged Couples

Getting married will be one of the most significant things that you do in your life and we encourage you to spend the time before your wedding day preparing for it in various ways. There will be many practical things to consider with regard to venues and invitations and so on. But do take some time also to focus on preparing yourselves, not just for the day itself but also for living out your married relationship as fully and well as you can.

As you are planning to get married in the Catholic Church you will be asked to complete a course of marriage preparation. This will give you a good foundation in Church teaching and will hopefully begin or deepen some important conversations you as a couple will need to have about various aspects of building a good and enduring relationship as a married couple.

No marriage preparation course will be exhaustive and so we offer here some pointers to online resources and organisations that may enhance your preparation together.

The Sacrament of Matrimony

https://www.vatican.va/archive/ccc_css/archive/catechism/p2s2c3a7.htm

A summary of the teaching of the Catholic Church on the Sacrament of Matrimony from the Catechism of the Catholic Church.

For Your Marriage

<https://www.foryourmarriage.org/dating-engaged/>

An initiative of the United States Conference of Catholic Bishops to communicate the meaning and value of married life for the Church and for society. Though some of the information here is specific to the United States, there is a lot of good information and guidance that is useful to all couples preparing for marriage.

Marriage in the Lord

<https://www.discerninghearts.com/catholic-podcasts/marriage-in-the-lord-with-deacon-james-keating/>

For couples seeking to go deeper with the Lord, this is an excellent audio series on the Church's teaching about marriage.