

Jesus, our God, helper of all who come to You.

We adore You.

Jesus, our God, King who reigns forever.

We adore You.

*It's almost time to go. Once again, in the silence of your heart,
speak to Jesus. Thank Him for His love and for His promise that
He will never leave you or let you go.*

Closing Prayer

Dear God,
thank you for the gift of the Eucharist.
May we treasure it all the days of our life.
Thank you for the opportunity to learn in a Catholic school.
make our school a place of learning with our hearts
as well as with our minds.
Guide us on our journey of faith and, as we leave this special place,
may we remember that You are with us always.
Through Christ our Lord.

Amen

O Sacrament most holy,
O sacrament divine,
all praise and all thanksgiving
be every moment Thine.

Adoration of the Blessed Sacrament

Introduction

Today, Jesus is with us in a very special way. He is truly here in the monstrance. Even though He looks like bread, this is the same Jesus who walked the earth, was crucified, and rose again. Just as we all love to spend time with our family and friends, so Jesus welcomes us here today and looks forward to spending some time with each of us. We ask the Holy Spirit to help us to pray.

Be still for the presence of the Lord, the Holy One is here;
come bow before Him now with reverence and fear.
In Him no sin is found, we stand on holy ground,
be still for the presence of the Lord, the Holy One is here.

Be still for the glory of the Lord is shining all around;
He burns with holy fire with splendour He is crowned.
How awesome is the sight, our radiant King of Light,
be still for the glory of the Lord is shining all around.

Be still for the power of the Lord is moving in this place;
He comes to cleanse and heal to minister His grace.
No work too hard for Him, in faith receive from Him,
be still for the power of the Lord is moving in this place.

Opening Prayer

Lord Jesus,
sometimes it's sometimes hard to believe:
our minds struggle to understand,
yet that is what faith calls us to do.
May we believe that You are truly present
in the Host we see on the altar,
and know that when we look at You,
You gaze back at us with eyes full of love.
Amen

A reading from the First Letter of St Paul to the Corinthians 10:16-17

The blessing-cup that we bless is a communion with the blood of Christ, and the bread that we break is a communion with the body of Christ. The fact that there is only one loaf means that, though there are many of us, we form a single body because we all have a share in this one loaf.

The word of the Lord,

Talk to Jesus in the silence of your heart. Thank Him for all the wonderful things he has given you. Tell Him about the things that are worrying you. Ask Him for the things you need.

A reading from the Holy Gospel according to John 6:51

Jesus said to the crowd:

'I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.'

The Gospel of the Lord

Talk to Jesus in the silence of your heart. Thank Him for all the wonderful things He has given you. Tell Him about the things that are worrying you. Ask Him for the things you need.

*The response is: **We adore You.***

Jesus, our God, Living Bread of Heaven.

We adore You.

Jesus, our God, food for our hearts and our souls.

We adore You.

Jesus, our God, priceless treasure.

We adore You.

Jesus, our God, full of love and mercy.

We adore You.

Jesus, our God, source of peace.

We adore You.

Jesus, our God, source of hope.

We adore You.

Jesus, our God, source of joy.

We adore You.

Jesus, our God, fountain of holiness.

We adore You.

Jesus, our God, the Way, the Truth and the Life.

We adore You.

Jesus, our God, Good Shepherd who cares for us.

We adore You.

(continued overleaf)