



Adoration of the Blessed Sacrament

Instructions for Schools

In schools and other communities, Adoration of the Blessed Sacrament provides the perfect opportunity to take a break from our daily activities and spend time before the Lord, truly present in the on the altar.

This brief document aims to make the process of planning as stress-free as possible by providing a suggested order of service and a short list of what you may need.

It is also worth noting that a formalised service of this kind is not compulsory although it may be very useful, particularly with younger children. Any form of service devised by the school should always be sent in advance to the school chaplain.

The hymns provided below are a suggestion and can be changed. That said, all music and hymns must be appropriate. No secular music (ie, reflective/mindfulness/meditation soundtracks) are to be used. It is important that Adoration of the Blessed Sacrament remain adoration and therefore all music be sung or played to God's praise alone.

Above all, this should be a positive and prayerful experience for our young people, during which they are offered the opportunity to spend time face to face with Jesus Christ, the Living God, truly present in the Blessed Sacrament.

You will need:

- Altar (or a suitable, dignified table)
 - Monstrance
 - Altar Linen: altar cloth and corporal
 - Candles
 - Thurible
 - Bell
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- Dress the altar with the altar linen.
 - Position the monstrance on the altar, with a minimum of two candles either side.
 - The Priest will insert the Blessed Sacrament into the Monstrance at the beginning of adoration – no layperson should do this unless for a serious reason and only with explicit permission from the school chaplain.
 - As the Service begins, the bell should be rung.

Hymns which are appropriate are:

- Ubi Caritas
- Sweet Sacrament Divine
- O Bread of Heaven
- Be Still and Know that I am God
- This is my Body
- Taste and see
- Tantum Ergo