



AUGUST NEWS

I am so sorry that it has taken me this long to get another newsletter to you. this one

I hope you are all enjoying the summer and getting some well deserved holidays.

Possibly visiting or catching up with some people you haven't seen for over 2 years.

My mum and I are heading to America on 12th August for a long overdue visit to see my brother. We are getting very excited! We'll also see my nephews. It feels so good to be able to make the trip again.



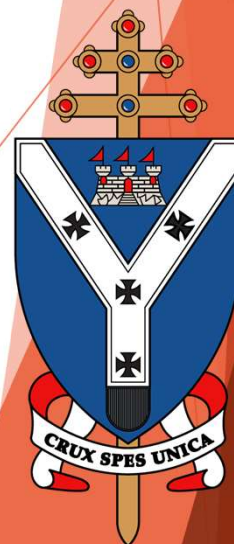
The Catholic Church dedicates the month of August to the Immaculate Heart of Mary. The Immaculate Heart is often venerated together with the Sacred Heart of Jesus (the devotion we celebrate in June), and with good reason. Just as the Sacred Heart represents Christ's love for mankind, the Immaculate Heart represents the desire of the Blessed Virgin to bring all people to her Son.

There is no better example of the Christian life than that offered by Mary. Through the following prayer, which helps to deepen our devotion to her Immaculate Heart, we can join the Mother of God in drawing closer to Christ.

Prayer of Consecration to the Immaculate Heart

Queen of the Most Holy Rosary, and tender Mother of all people, I consecrate myself to your Immaculate Heart, and recommend to you my family, my country, and the whole human race. Please accept my consecration, dearest Mother, and use me as you wish, to accomplish your designs upon the world. O Immaculate Heart of Mary, Queen of Heaven and earth, rule over me, and teach me how to allow the Heart of Jesus to rule and triumph in me and around me, as it has ruled and triumphed in you.

Amen.





Our retreat in June

Many thanks to everyone who helped to make our retreat the success it was. It was a very rewarding day.

Sr Maria Robb led the retreat and Father Tony Lappin celebrated mass for us to close the retreat.

We were able to remember all our SPRED family members who had died since early 2020. A candle was lit for each of them.

We shared the gifts that we saw in others and dusted off some gifts we hadn't used for a while in an effort to appreciate them and start using them again.

Loving
Patience
Kindness
Energy
Smile
Generosity
Caring
Sense of
humour
Sharing
Good
Listener





News from George Square



Photos from Mary McFadden's retirement celebration following 22 years of dedication to Thursday 1 SPRED Group. Thank you Mary for your love and friendship to each of us and the SPRED family.



James and Catherine proudly showing off the cake he baked for his friends and catechists in the Thursday 1 group. James loves baking. It was delicious.

News from Livingston

Christine Mcquade from Livingston group shared a picture from a lovely SPRED session showing us the goodness in this lovely basket of fresh fruit. A symbol of the goodness of God in us.





**A reminder of this very important
date for your diaries**

TUESDAY 20 SEPTEMBER 2022

COMMISSIONING MASS

at St Kentigern,

Parkgrove Avenue, Edinburgh

At 7pm

ALL are Welcome

**Leader catechists will be in touch soon
to confirm numbers.**

