

12<sup>th</sup> Sunday of Ordinary Time (Year B) – 20th June 2021

## **Preparation**

- If possible arrange candles, crucifix and Gospel/ Sunday Missal on a table.

## **Introduction**

Today we are reminded not to be afraid. We must put all our worries before God and trust that He will always protect us. As we see in the Gospel the disciples learn that “ **Even the wind and sea obey Jesus.**”

As we gather at home today, we thank God for our families and for this time we spend together in prayer. We do this today, knowing that God is with us, helping us always especially when times are difficult.

Make the Sign of the Cross – a sign of the love God has for us. An adult lights the candles.

## **Penitential Act**

Adults and children think about how you have behaved in the past week. Especially when our daily routines are different just now. Have you shown patience to those around you? Have you been kind and helpful even when you don't feel like it and it's difficult?

Lead the children in singing the “Sorry Song”.

We are sorry,  
Truly sorry,  
Heal us Lord,  
In Your love,  
Help us to do better, Help us to be kinder. Forgive us,  
Forgive us.

(To the Tune of Frère Jacques)

## **Gloria (Sung)**

Glory to God in the highest,  
and peace to His people on earth.  
Lord God, heavenly King,  
Almighty God and Father,  
we worship You, we give You thanks,  
we praise You for Your glory.  
Lord Jesus Christ,  
only Son of the Father,  
Lord God, Lamb of God,  
You take away the sin of the world:  
have mercy on us;  
You are seated at the right hand of the Father:  
receive our prayer.  
For You alone are the Holy One,  
You alone are the Lord,  
You alone are the Most High,  
Jesus Christ, with the Holy Spirit,  
in the glory of the Father.

**Amen**

All stand to welcome the Gospel singing the Gospel Acclamation:  
(Sing to the tune of 'If You're Happy and You Know It')

Alleluia, alleluia, praise the Lord, Alleluia, alleluia, praise the Lord,  
As we listen to the story,  
let us praise him for his glory. Alleluia, alleluia, praise the Lord (1)

## **Gospel of Mark 4:35 - 41**

A reading from the Holy Gospel according to St. Mark

Explain and demonstrate – make three crosses: one on your forehead,  
one on your lips and one on your heart. In this way we think God's word,  
we speak God's word and we keep God's word in our hearts as we say  
together:

**“Glory to You Oh Lord”**

Use this link to read the Gospel if you don't have a Sunday Missal

<https://cafod.org.uk>Education>Children'sLiturgy>

Read the Gospel aloud to the children. At the end say:

**“The Gospel of The Lord”**

All reply : **“Praise to You Lord Jesus Christ”**

Lead a Discussion on the Gospel

In today's Gospel we hear that Jesus was out on a boat in the Sea of Galilee with his disciples. He had been preaching and soon fell asleep as he was tired. What happened when he fell asleep?  
A storm arrived, waves pounded the side of the boat and the waves were becoming higher and higher.

How do you think the Disciples felt when the storm started to rock the boat?  
Maybe scared, worried, uncertain of what was going to happen and what they should do.

When the Disciples felt worried and scared they turned to one person to help them. Who did they turn to?  
They went to wake Jesus from his sleep, to seek help from Him.

What miracle did Jesus perform?  
Jesus calmed the wind saying “Be quiet” and calmed the waves by saying “Be still.” He performed this great act to remind the Disciples not to be afraid, to take courage and have faith in Him. Jesus was there to help them.

How did the Disciples then feel?  
Relieved, happy, at peace and maybe silly for ever doubting things when Jesus was there all along.

Sometimes in life we can also feel scared, worried and nervous. When we are feeling like this, we too can turn to Jesus to help bring us peace and comfort. With Jesus in our lives, we need not be afraid of anything because He will always look out for us, protecting us every day.

## Prayers of the Faithful

Lord Jesus,

Thank you for loving us. Help us to remember that there is no need to be afraid - You are there to calm every storm in our lives.

Lord in Your Mercy -Hear our Prayer

Lord Jesus,

May we always turn to You in our times of need. Help us to share Your love with our family and friends. Through our actions and trust in You, may we lead others to follow You.

Lord in Your Mercy -Hear our Prayer

We now pray together saying:

Our Father, who art in heaven,

Hallowed be Thy name:

Thy Kingdom come, Thy will be done,

On earth as it is in heaven.

Give us this day our daily bread,

And forgive us our trespasses,

As we forgive those who trespass against us; And lead us not into temptation,

But deliver us from evil. Amen.

We can also say the following prayer as a Spiritual Communion:

Spiritual Communion (Prayer of St. Alphonsus Liguori)

My Jesus,

I believe You are present in the Most Blessed Sacrament.

I love You above all things and I desire to receive You into my soul.

Since I cannot now receive You Sacramentally,

Come at least spiritually into my soul,

I embrace You as if You were already come,

and I unite myself wholly to You.

Never permit me to be separated from You. Amen.

## Closing Prayer

Lord Jesus, Help us to love You as we should and to show your love to others- especially to those who are poor or sick or lonely. Amen.

## References

1. The Complete Children's Liturgy Book. Katie Thomson, published by Kevin Mayhew. P194.