

The Feast of The Most Holy Trinity Year B – 30th May 2021

Preparation

- If possible arrange candles, crucifix and Gospel/ Sunday Missal on a table.

Introduction

Today is the feast of The Most Holy Trinity. We remember that God shows Himself to us through the three persons of the Holy Trinity – God the Father, Jesus His Son, and the Holy Spirit.

As we gather at home today, we thank God for our families and for this time we spend together in prayer. We do this today, knowing that God is with us, helping us always especially when times are difficult.

Make the Sign of the Cross – a sign of the love God has for us. An adult lights the candles.

Penitential Act

Adults and children think about how you have behaved in the past week. Especially when our daily routines are different just now. Have you shown patience to those around you? Have you been kind and helpful even when you don't feel like it and it's difficult?

Lead the children in singing the "Sorry Song".

We are sorry,
Truly sorry,
Heal us Lord,
In Your love,
Help us to do better, Help us to be kinder. Forgive us,
Forgive us.

(To the Tune of Frère Jacques)

Gloria (Sung)

Glory to God in the highest,
and peace to His people on earth.
Lord God, heavenly King,
Almighty God and Father,
we worship You, we give You thanks,
we praise You for Your glory.
Lord Jesus Christ,
only Son of the Father,
Lord God, Lamb of God,
You take away the sin of the world:
have mercy on us;
You are seated at the right hand of the Father:
receive our prayer.
For You alone are the Holy One,
You alone are the Lord,
You alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of the Father.

Amen

All stand to welcome the Gospel singing the Gospel Acclamation:
(Sing to the tune of 'If You're Happy and You Know It)

Alleluia, alleluia, praise the Lord, Alleluia, alleluia, praise the Lord,
As we listen to the story,
let us praise him for his glory. Alleluia, alleluia, praise the Lord (1)

Gospel (Matthew 28:16-20)

A reading from the Holy Gospel according to St.Matthew

Explain and demonstrate – make three crosses: one on your forehead,
one on your lips and one on your heart. In this way we think God's word,
we speak God's word and we keep God's word in our hearts as we say
together:

“Glory to You Oh Lord”

Use this link to read the Gospel if you don't have a Sunday Missal

<https://cafod.org.uk>Education>Children'sLiturgy>

Read the Gospel aloud to the children. At the end say:

“The Gospel of The Lord”

All reply : **“Praise to You Lord Jesus Christ”**

Lead a Discussion on the Gospel

What do you remember about today's Gospel? What did Jesus do?

Jesus met the disciples on a mountain in Galilee. He had an important message for them.

What was this message?

Jesus was sending the disciples out to preach to all the nations, teaching people to keep God's commandments and living as Jesus taught them.

Jesus told the disciples to Baptise these new disciples

“ In the name of the Father and of the Son and of the Holy Spirit.”

We are Baptised disciples of Jesus!

Importantly Jesus promised the disciples (and us) to be with them to the end of time.

Ask the children if they know what Trinity means. (Could also discuss the prefix **“tri”** and ask if they can think of any other words beginning with **tri – triangle, tricycle, trio**. These all represent **three** in the same way **Trinity** represents three).

Discuss a time when we focus on the Trinity.(Each time we make the sign of the cross, we are thinking about the Most Holy Trinity).

Finally – practice making the sign of the cross with the children. Remind them what to say and how to do this, slowly and reverently with their right hand.

“ In the name of the Father, and of the Son and of the Holy Spirit. Amen”

Explain what each part of the Trinity means:

1. God the **Father** created the world and everything in it
2. God the **Son**, is Jesus made human who came to earth and died on the cross for all of us
3. God the **Holy Spirit** is not visible, but is with us always to strengthen us.

The Most Holy Trinity is not easy to understand. It is a mystery of our faith!

Prayers of the Faithful

Lord Jesus,
You are the best friend anyone could have. Help us to follow Your commandments and love others as You love us.

Lord in Your Mercy -Hear our Prayer

Lord Jesus,
Help us to follow where You lead and in doing so lead others to follow You.

Lord in Your Mercy -Hear our Prayer

We now pray together saying:

Our Father, who art in heaven,
Hallowed be Thy name:
Thy Kingdom come, Thy will be done,
On earth as it is in heaven.
Give us this day our daily bread,
And forgive us our trespasses,
As we forgive those who trespass against us; And lead us not into temptation,
But deliver us from evil. Amen

We can also say the following prayer as a Spiritual Communion:

Spiritual Communion (Prayer of St. Alphonsus Liguori)

My Jesus,
I believe You are present in the Most Blessed Sacrament.
I love You above all things and I desire to receive You into my soul.
Since I cannot now receive You Sacramentally,
Come at least spiritually into my soul,
I embrace You as if You were already come,
and I unite myself wholly to You.
Never permit me to be separated from You. Amen.

Closing Prayer

Glory be to the Father, and to the Son and to the Holy Spirit,
As it was in the beginning, is now and ever shall be world without end.
Amen.

References

1. The Complete Children's Liturgy Book. Katie Thomson, published by Kevin Mayhew. P349.