

The Sacrament of Confirmation

Preparation Booklet 3



" ... you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth."

(Acts 1:8)

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Archdiocese of St Andrews & Edinburgh Commission for Catechetics.

What Happens at my Confirmation



Confirmation takes place during a special service in your parish church. During the service you will renew your baptismal promises. These are the promises which your parents made for you when you were a baby. You will be asked some questions and you will answer, "I do."

When you make the Sacrament of Confirmation you choose a sponsor. A sponsor is an adult who goes to Mass every Sunday. Your sponsor will guide you in your faith as you get older. Your sponsor stands beside you with his/her right hand on your right shoulder.



The bishop will lay his hands on your head. This is a sign of the Holy Spirit coming upon you.



The bishop will draw a cross on your forehead with the oil of Chrism and, using your Saint's name say:

"Teresa/Francis, be sealed with the gift of the Holy Spirit."

The bishop will shake your hand to make the sign of peace with you, saying: "Peace be with you."

You will shake his hand back, saying "And with your spirit."

Quick Quiz



1. Confirmation takes place in my school. True False
2. I need two sponsors. True False
3. My sponsor must be an adult. True False
4. My sponsor lays his hand on my head. True False
5. The priest uses oil of chrism. True False

Choose the right word ...



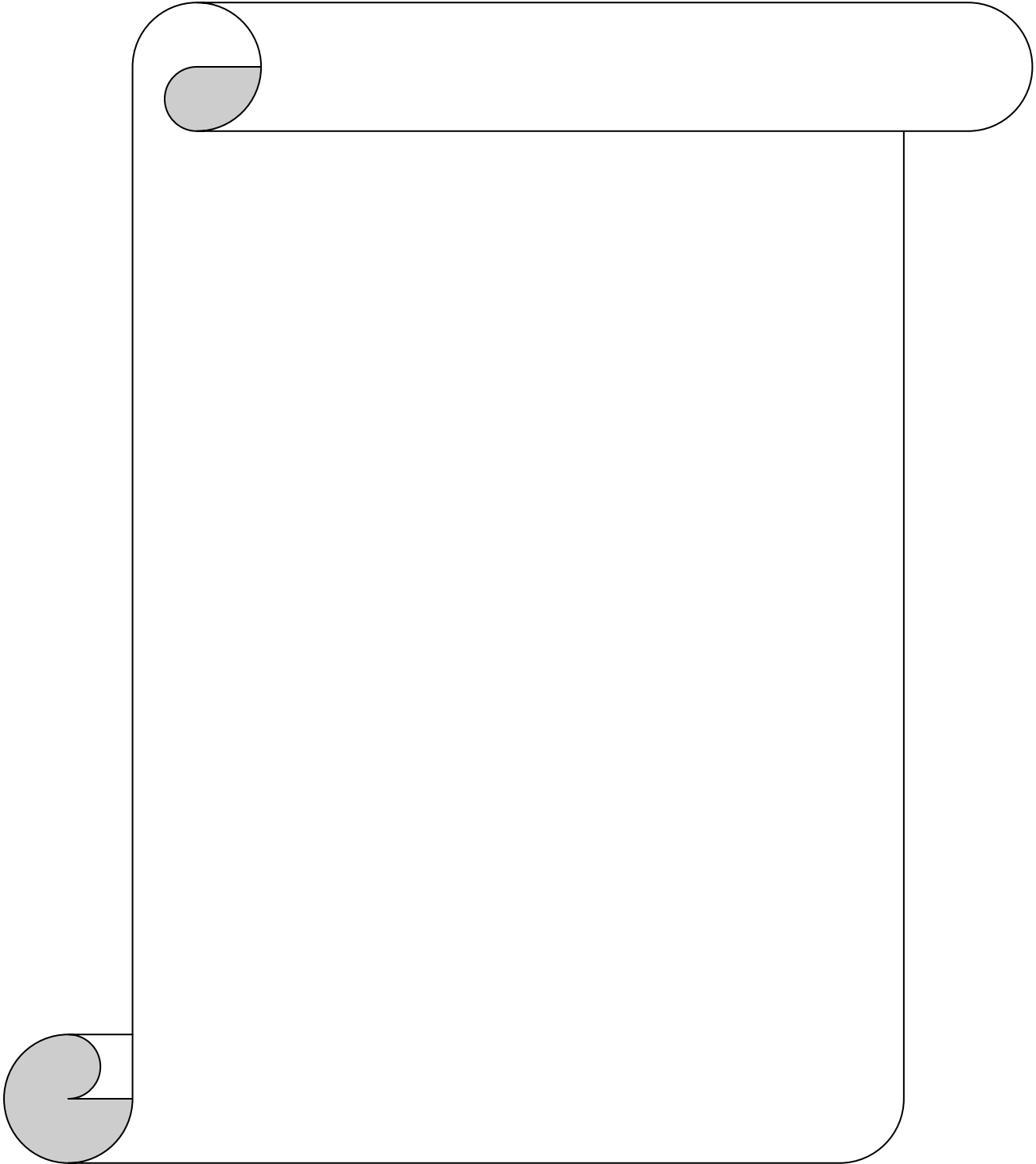
I will choose the name of a _____.
The priest will say, "Be sealed with the gift of the _____ Spirit." He will make the sign of the _____ on my forehead with chrism.



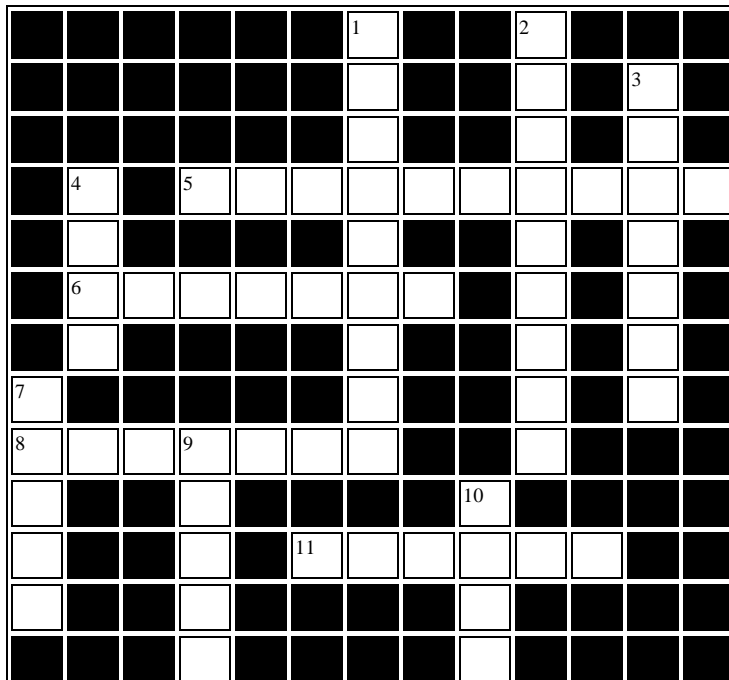
<p>you cross spirit saint Holy</p>
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The priest will say "Peace be with _____." I will answer, "And with your _____."

My Confirmation Prayer



Confirmation Crossword



Across

- 5. Confirmation is a sacrament of this
- 6. Father, Son and Holy Spirit
- 8. A close friend of Jesus
- 11. Oil used for Confirmation

Down

- 1. One of the gifts of the Holy Spirit
- 2. Fifty days after Easter
- 3. This person is our guide in Confirmation
- 4. The Book where we read about Pentecost
- 7. A person who was very holy in life
- 9. How many sacraments are there?
- 10. A sign used for the Holy Spirit

Worksheet 1 What Happens at my Confirmation? 20 mins approx.

Aim: to prepare the children for their Confirmation day so that they know and can practise the words they will need to know.

1. Read through the sheet, stopping at the words in bold to explain and ask questions. If the priest's questions are available re. the promises, you should practise these with the group and ask them to answer, "I do."
2. Reinforce the need for the sponsor to be a practising Catholic. Explain to the children that the sponsor will guide them in the Faith, so the sponsor needs to know the Faith himself and be living it.
3. In groups of three - practise the priest/child dialogues and the sponsor's role. The leader could play the part of the priest if the priest is not present. Olive oil could be used to anoint foreheads. Another leader could be the sponsor, etc. Make sure every child gets the chance to practise the words a couple of times. If they haven't decided their Confirmation name yet, this is a good time to remind them to do so for the following week.

Worksheet 2 Quick Quiz/Choose the right word 20 mins approx.

Aim: to revise and consolidate details about the day of confirmation.

This could be done in pairs and against the clock for fun -depending o the group!
They will need help.

Worksheet 3 My Confirmation Prayer

20 mins approx.

Aim: to encourage the children to pray about their upcoming Confirmation.

- 1 The children could start the prayer off with "Dear Jesus/Lord ..."
- 2 Encourage them to think about the seven gifts of the Holy Spirit and to ask Christ to help them to use these gifts well in their lives.
- 3 If parents are present, this is a nice activity to do with their children.
- 4 If time is short, this could be a homework activity to do with parents.

Worksheet 4 Confirmation Crossword

20 mins approx.

This could be done in teams - a leader in each team as it is tricky.
Alternatively, it could be done as a whole group activity.
The crossword revises words from previous weeks.

