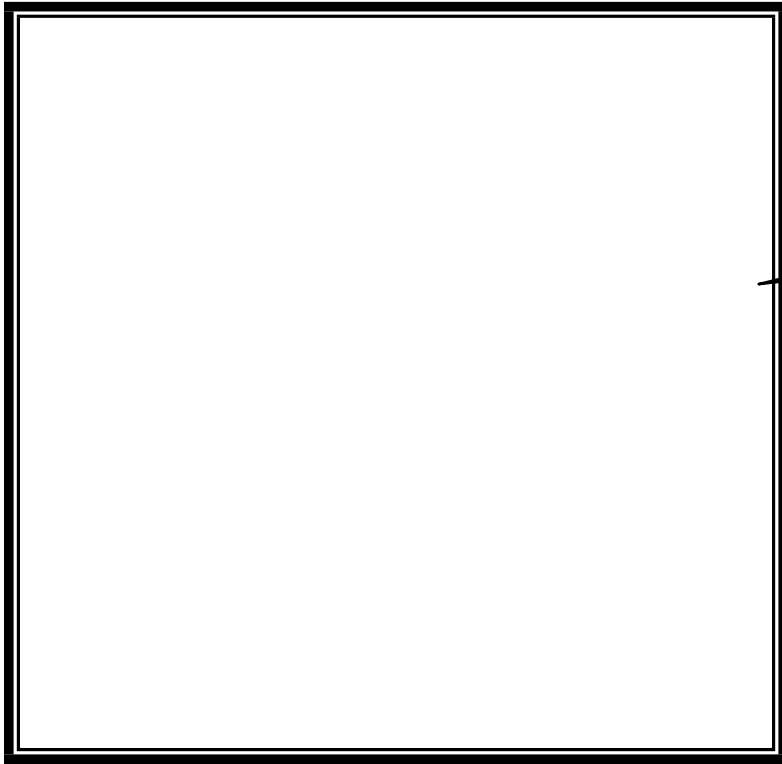


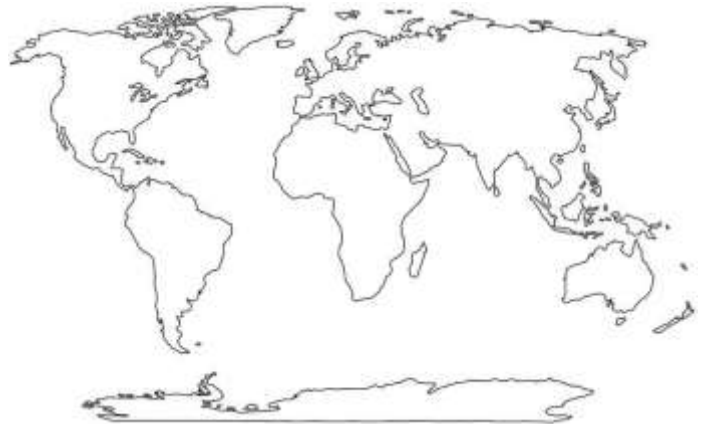
Name \_\_\_\_\_

# Saint



I am the patron saint of  
\_\_\_\_\_

I was born in:



Facts:

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The Ten Commandments, the Beatitudes &  
Examination of Conscience

## God's Plan for Loving Relationships

The Ten Commandments are engraved by God in the human heart. They tell us what love of God and love of neighbor require. We come to understand God's revelation of the Commandments through the teaching Church and our conscience.

### The Ten Commandments

**1. I am the Lord your God. You shall not have strange gods before me.**

Put God first in your life before all things.

**2. You shall not take the name of the Lord your God in vain.**

Respect God's name and holy things. Don't curse or use bad language.

**3. Remember to keep holy the Lord's day.**

Take part in the Mass on Sundays and holy days. Avoid unnecessary work on these days.

**4. Honor your father and your mother.**

Obey and show respect to parents and other people in proper authority.

**5. You shall not kill.**

Respect and protect life—our own and that of others.

**6. You shall not commit adultery.**

Show respect for marriage and family life. Respect God's gift of sexuality.

**7. You shall not steal.**

Respect the things that belong to others. Share what you have with those in need. Work for justice.

**8. You shall not bear false witness against your neighbor.**

Be honest and truthful. Don't make fun of others.

**9. You shall not covet your neighbor's wife.**

Be faithful to family members and friends. Don't be jealous.

**10. You shall not covet your neighbor's goods.**

Rejoice in others' good fortune. Don't envy what other people have. Don't be greedy.



## Jesus' Path to the Kingdom

The Beatitudes are at the heart of Jesus' preaching. They help us discern the actions and attitudes necessary to live a Christian life.

### The Beatitudes

**God blesses those people who depend only on him.**

**They belong to the kingdom of heaven!**

Don't let material things get in the way of loving God and others.

**God blesses those people who grieve.**

**They will find comfort!**

Share other people's sorrows and joys.

**God blesses those people who are humble.**

**The earth will belong to them!**

Learn to be gentle with people and things.

**God blesses those people who want to obey him more than to eat or drink.**

**They will be given what they want!**

Work hard to make sure that all people are treated justly.

**God blesses those people who are merciful.**

**They will be treated with mercy!**

Forgive others and ask their forgiveness.

**God blesses those people whose hearts are pure.**

**They will see him!**

Turn your attention only toward what is good and right.

**God blesses those people who make peace.**

**They will be called his children!**

Look for ways to solve problems peacefully.

**God blesses those people who are treated badly for doing right.**

**They belong to the kingdom of heaven!**

In difficult times, keep trusting in God and standing up for what is right.

*Matthew 5:3-10, The HOLY BIBLE: Contemporary English Version, © American Bible Society, 1991.*

Dream about what the world would be like if we all lived as disciples of Jesus. How would the Ten Commandments, Beatitudes, and the guidance of the teaching Church help?

## Examination of Conscience

Do I give time every day to God in prayer?

Have I used the words "God" or "Jesus" in anger or irreverently?

Have I used bad language?

Have I missed Mass on Sunday or any holiday of obligation?

Do I arrive at church late or leave early?

Do I try to be reverent and pay attention during Mass?

Do I respect and obey my parents?

Am I willing to help around the house or must I be nagged repeatedly?

Do I try to get along with my brothers and sisters?

Do I give a good example, especially to younger siblings?

Do I respect others?

Do I say cruel things, or make fun of others to hurt their feelings?

Do I say mean things about others behind their backs?

Have I taken things that were not mine?

Have I destroyed or misused another person's property for fun?

Do I return things that I borrow? In good condition?

Am I honest?

Do I tell lies to make myself look good?

Do I tell lies to protect myself from punishment?

Do I tell lies that make another person look bad or get them in trouble?

Am I jealous or envious of the things or abilities that others have?

Am I thankful to God and my parents for what they have given me?

Do I share the things I have with my family, friends and poor people?

## **More Resources for Preparation for Confirmation**

- Preparing to be Confirmed, Diana Klein, McCrimmons, 2002, ISBN 085597 643 8
- Celebrating our Faith, Confirmation, Margaret Hanrahan, D.Min., Brown-Roa, 1999, ISBN 0-15-950573-9
- YOUCAT for Kids, Catholic Catechism for Children and Parents, Catholic Truth Society, 2018, ISBN 978-1-78469-595-8
- 57 Stories of Saints, Anne Eileen Heffernan, FSP, Pauline Books & Media, ISBN 0-8198-2681-2