

My Book of Prayer

Confirmation



Our Father

Our Father
Who art in heaven
hallowed be thy name,
Thy kingdom come,
Thy will be done on earth
as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil. Amen.



Hail Mary

Hail Mary, full of grace,
the Lord is with thee.
Blessed art thou among women,
and blessed is the fruit
of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour
of our death. Amen.

Glory Be

Glory be to the Father, and to the Son,
and to the Holy Spirit, as it was in the
beginning, is now and always shall be,
world without end. Amen.

Morning Offering

O Jesus through the most pure heart of Mary, I offer
You all my prayers, thoughts, works, joys and
sufferings of this day for all the intentions of Your
divine heart.

Father in heaven, You love me. You're with me night and
day, I want to love You always in all I do and say. I'll try
to please You Father. Bless me through the day. Amen.

Grace before Meals

Bless us, O Lord, and these Thy gifts, which we are
about to receive from Thy bounty, through Christ our
Lord. Amen.

Grace after Meals

We give You thanks, Almighty God,
for these Your gifts through Christ our Lord. Amen.



Memorare

Remember, O most gracious Virgin Mary,
that never was it known that anyone who fled
to thy protection, implored thy help,
or sought thy intercession
was left unaided.

Inspired by this confidence, we fly unto thee
O Virgin of virgins, our Mother!
To thee do we come, before thee we stand,
sinful and sorrowful.

O Mother of the Word Incarnate,
despise not our petitions, but in thy mercy
hear and answer us. Amen.



Prayers to the Holy Spirit

Come Holy Spirit, fill the hearts
of Your faithful.

Kindle in them the fire of Your love.

Send forth Your Spirit and they shall be created,
and You will renew the face of the earth.

Holy Spirit, make me strong.

Holy Spirit, make me wise.

Holy Spirit, make me loving.

Holy Spirit, help me.



Hail Holy Queen

Hail Holy Queen, Mother of Mercy,
hail our life, our sweetness and our hope!
To thee do we cry, poor banished children of Eve;
to thee do we send up our sighs, mourning and
weeping in this vale of tears.
Turn then, most gracious Advocate, thine eyes of
mercy towards us; and after this our exile,
show unto us the blessed Fruit of thy womb, Jesus.
O clement, O loving, O sweet Virgin Mary.
Pray for us, O holy Mother of God
that we may be made worthy of the promises of Christ.

The Angelus

The Angel of the Lord declared to Mary
and she conceived by the Holy Spirit.

Hail Mary - - - - -

Behold the handmaid of the Lord;
be it done to me according to Your word.

Hail Mary - - - - -

And the Word was made flesh
and dwelt among us.

Hail Mary - - - - -

Pray for us, O holy Mother of God,
that we may be made worthy of the promises of Christ.

Let us pray: Pour forth, we beseech You, O Lord, Your
grace into our hearts that, we, to whom the
Incarnation of Christ Your Son, was made known by the
message of an angel, may be brought by His
passion and cross to the glory of His resurrection,
through Christ our Lord. Amen.

Act of Contrition

O my God, because You are so good,
I am very sorry that I have sinned
against You and by the help of Your grace,
I will not sin again.

O my God I am heartily sorry for having offended You
and I detest all my sins
because of Your just punishment,
but most of all because they offend You, my God
who are all good and deserving of all my love.
I firmly resolve, with the help of Your grace,
to sin no more and avoid the near occasions of sin.



Lord
JESUS
have
MERCY
ON ME
a SINNER

Guardian Angel

Angel of God, my guardian dear,
to whom God's love commits me here,
ever this day be at my side
to light and guard, to rule and guide.
O my good angel,
whom God has appointed
to be my guardian,
enlighten and protect me,
direct and guide me
during this day. Amen.

I Confess

I confess to Almighty God
And to you, my brother and sisters,
that I have sinned through my own fault,
in my thoughts and in my words,
in what I have done and in what I have failed to do;
and I ask Blessed Mary, ever virgin,
all the angels and saints, and you, my brothers and
sisters, to pray for me to the Lord our God.

Give Glory to God

Glory to God in the highest
and peace to His people on earth.

Lord God, heavenly King,
Almighty God and Father,
we worship You, we give You thanks,
we praise You for Your glory.

Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,

You take away the sins of the world:
have mercy on us:

You are seated at the right hand of the Father:
receive our prayer.

For You alone are the Holy One,
You alone are the Lord,
You alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.



Creed

I believe in one God,
the Father Almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord, Jesus Christ,
the Only Begotten Son of God,
God from God, Light from Light,
true God from true God,
begotten, not made,
consubstantial with the Father;
through Him all things were made.
For us men and for our salvation
He came down from heaven:
and by the of the Holy Spirit
was incarnate of the Virgin Mary,
and became man.

For our sake He was crucified under Pontius Pilate:
He suffered death and was buried.
and rose again
in accordance with the Scriptures :
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and His kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
Who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,

who has spoken through the Prophets.
I believe in one, holy, catholic and apostolic Church.
I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead, and the life of the world to come. Amen.



Prayer of St Francis of Assisi

Lord make me an instrument of your peace:
where there is hatred, let me sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
and where there is sadness, joy.

O Divine Master,
grant that I may not so much seek
to be consoled as to console;
to be understood as to understand;
to be loved as to love;
for it is in giving that we receive;
it is in pardoning that we are pardoned;
and it is in dying that we are born to eternal life.

Prayer to St Michael the Archangel

Saint Michael the Archangel, defend us in our day of battle; protect us against the deceit and wickedness of the devil. May God rebuke him, we humbly pray. And you, O prince of the heavenly host, by the power of God, banish into hell Satan and all the evil spirits who roam the world seeking the ruin of souls. Amen.

Prayer of St Ignatius

Dearest Lord,
teach me to be generous;
teach me to serve You as You deserve;
to give and not to count the cost;
to fight and not to heed the wounds;
to toil and not seek rest
to labour and to ask for no reward,
save that of knowing that I do Your will.

