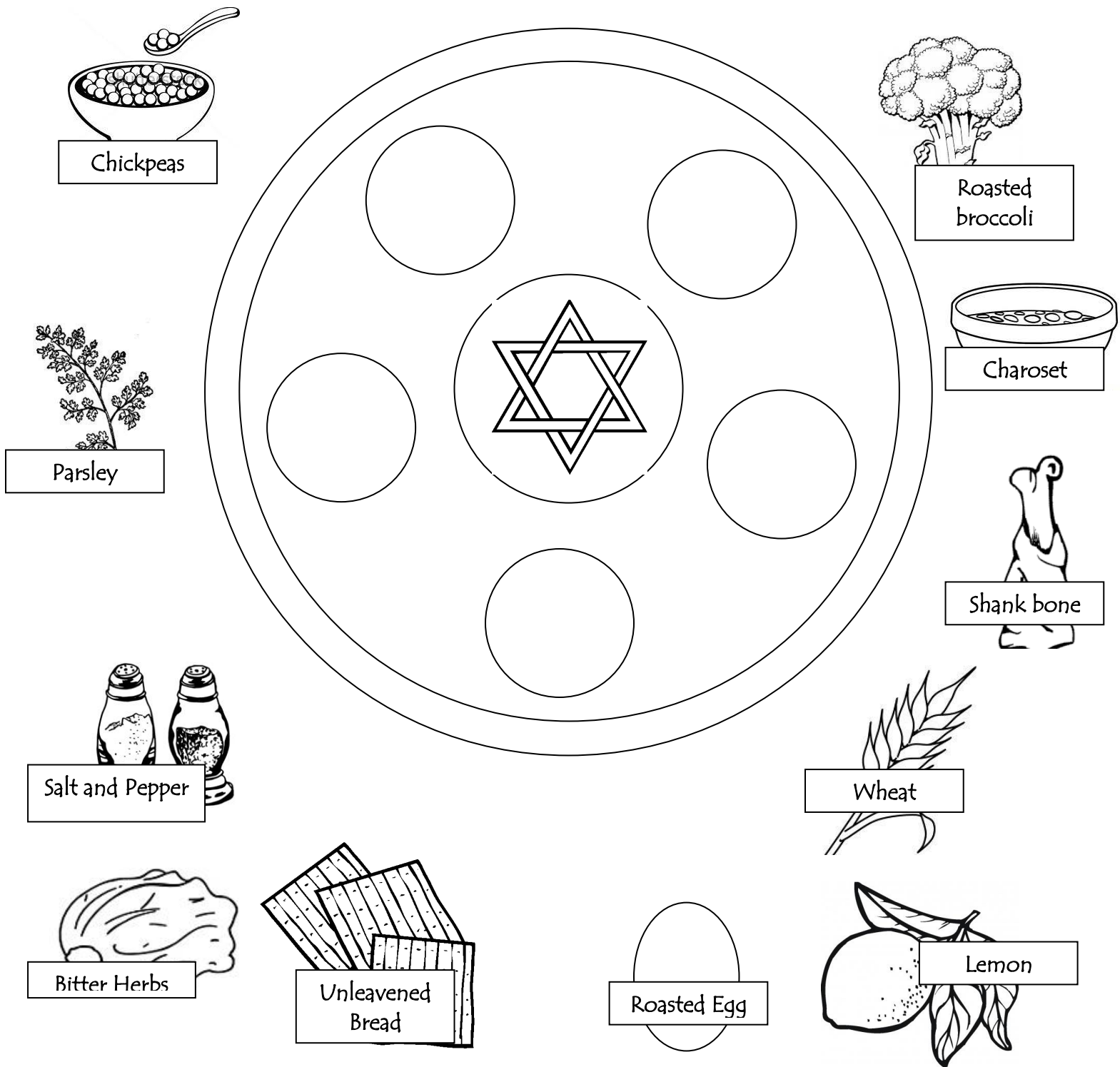


# Seder Plate Activity

Cut out the blank Seder plate below and glue into your jotter. Cut out the correct items which should appear on the plate and write a brief description of what they represent during the feast of Passover.



*Archdiocese of St. Andrews and Edinburgh*

August 2023





# Moses Timeline



Complete a timeline on the life of Moses and cut and paste it into your jotter.

Moses is born in Egypt.

The Israelites made an image of a golden calf to worship and were punished by God to wander through the desert for 40 years.

Moses led the Israelites to Mount Sinai where God gave them the Ten Commandments.

Pharaoh changed his mind and sent his soldiers to recapture the Israelites.

Moses' led the Israelites out of Egypt.

Moses discovers his true identity and becomes an enemy of the Pharaoh.

Moses was found by Princess Fatima, the Pharaoh's daughter.

Moses' mother hid him in a basket on the River Nile.

Moses spends his childhood in the Pharaoh's palace.

Moses demanded that the Pharaoh release the Israelites he refused and various plagues visited Egypt.

Moses encounters the burning bush at Mount Sinai.

Moses dies in Midian before his people reached the Promised Land.

Pharaoh released the Israelites.

He went back to Egypt as God's messenger.

God parted the Red Sea for the Israelites but returned the waters when the soldiers passed and they were drowned.

Before gluing make sure you check your final timeline with the Book of Exodus.



# Raise Your Voices



**Complete the following passages from scripture.**

**1. Music was around from the very beginning. Read Job 38:6-7.**

Who laid the corner-stone of the world? In the dawn of that day \_\_\_\_\_.

**2. Read Genesis 4:21**

His brother Jubal, the ancestor of all musicians who play \_\_\_\_\_.

**3. Moses sang a song of victory when God saved the Israelites from slavery. Read Exodus 15**

Then Moses and the Israelites sang this song to the Lord. "I will sing to the Lord, because \_\_\_\_\_  
\_\_\_\_\_.

**4. David played his harp for Saul to ward away evil spirits. Read 1 Samuel 23**

From then on, whenever the evil spirit sent by God came on Saul, David \_\_\_\_\_  
\_\_\_\_\_.

**5. The angels sang praise to God at the birth of Jesus. Read Luke 2:13**

Suddenly a great army of heaven's angels \_\_\_\_\_.

**6. Jesus and His disciples sang hymns to God. Read Matthew 26:30**

Then they sang a hymn and \_\_\_\_\_.

**7. There is a very special book in the Old Testament called the Book of Psalms. Find this book and read the introduction to this section of the Bible.**

**Challenge:** Try to find out about the Psalmists (people who write the Psalms) and think of when we use these during Holy Mass



# The Creed

Cut and paste the words of The Creed in the correct order in your RERC jotter. Check your answers with a copy of The Creed.

I believe in one, holy, Catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins,  
and I look forward to the resurrection of the dead,  
and the life of the world to come.

I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored and glorified,  
who has spoken through the prophets.

For us men and for our salvation  
he came down from heaven,  
and by the Holy Spirit was incarnate of the Virgin Mary,  
and became man.

God from God, Light from Light,  
True God from true God  
Begotten not made, consubstantial with the Father;  
Through him all things were made.

For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.

He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again in glory,  
to judge the living and the dead and his kingdom will have no end.

I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.

I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.

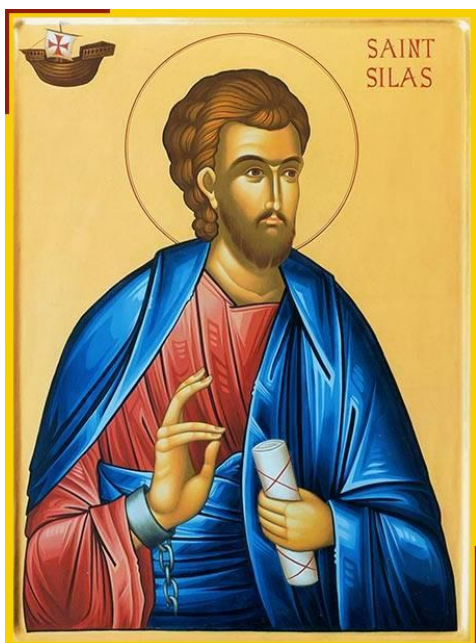


## CHALLENGE

When you have  
correctly  
completed this  
task try to learn  
the words to The  
Creed by heart.

Next time you're  
at Mass try to  
make a real effort  
to join in.





## St Paul

### Feast Day: January 25

Paul was born at Tarsus in Cilicia (Turkey) and lived around the time of Jesus. Paul was first called Saul. As a young man, he was a very bright student of the Hebrew religion. He was a Pharisee and a tentmaker by trade.

He hated the Christians. When he grew older, he tortured and harassed the followers of Jesus. He even helped at the stoning of St. Stephen the martyr.

In the Bible's Acts of the Apostles, we read about Saul's amazing conversion (chapters 9, 22, 26). What happened?

One day, Paul was on his way to the city of Damascus to hunt down more Christians. Suddenly, a great light shone all around him and he was knocked to the ground. He was struck blind; and he heard a voice say, "Saul, Saul, why are you persecuting me?"

Saul answered, "Who are you, Sir?" And the voice said, "I am Jesus, the one you are persecuting." Saul was shocked and confused. After a few seconds, he asked, "What do you want me to do?" Jesus told him to continue on to Damascus and there he would be told what to do.

At that moment, through the power of God, Saul received the gift to believe in Jesus. Weak and trembling, he reached out for help and his companions led him into Damascus. The light had blinded him temporarily. Now that he was blind, he could really "see" the truth.

And Jesus had come personally to meet him, to invite him to conversion. Saul became a great lover of Jesus. He was baptized and changed his name to Paul to show that he was a changed person. Now he thought only of helping everyone know and love Jesus, the Saviour.

We know Saul by his Roman name of Paul. He is called "the apostle." He travelled all over the world, preaching the Good News and led so many people to Jesus. He worked and suffered.

His enemies tried to kill him several times, but nothing could stop him. When he was old and tired, he was once again put in prison and sentenced to die. Still St. Paul was happy to suffer and even die for Christ.

This great apostle wrote wonderful letters to the Christians. They are in the Bible. These letters, called epistles, are read often during the Liturgy of the Word at Mass.



# Instruction for 'The Conversion of Saint Paul' task

(Following Two Pages)

1. Cut out both pages - in order to align the pages correctly and fold them. The pages have to be cut on the outer line.
2. If you do not want the pages to flop, put a dot of glue on the 4 corners **ON THE BACK OF ONE PAGE**.
3. Keeping both pages up, glue them back-to-back.
4. With the Paul picture facing up, fold over the right side on the dotted line. (You will see the zap picture now)
5. Fold the left side over the zap picture. (You will see Saul on top) The booklet is now in the right order to begin your discoveries in this story.
6. With your Bible, start investigating who Saul was (Cover) and turn the whole thing over and research the two more pieces of information about who Saul was and what he did. Write the answers in your own words - Do not copy from the Bible.  
Now you know Saul's background, you could stop and discuss and or compare findings at this point.
7. Open the cover (Saul) page. You should see the zap image. Look at your Bible and find out what happened. Write it in your own words - Do not copy from the Bible.
8. Turn over the whole thing. Find and complete "zapped for a purpose".  
Now you know about a big event that changed Saul's life, you could stop and discuss and or compare findings at this point.
9. Open both flaps to see Paul. Start on the **RIGHT** and find out how his experience changed him and what happened next.  
Paul became the greatest disciple to the *Gentiles*, visiting them on his missionary journeys, starting churches, strengthening churches, and writing letters to help them along.
10. Stop and discuss and or compare findings with the others in the class at this point. Do you all agree?





**Zapped by the Light**  
**Acts 9: 3-9**  
**Say it your way:**

---

---

---

---

---

---

---

---

---

---

**More about Saul, a bad guy**  
**Acts 22: 4-5 Say it your way:**

---

---

---

---

---

---

---

---

---

---

**The picture of Saul**  
**Acts 7:54-60, 8:1-3, best 22:20**  
**Say it your way:**

---

---

---

---

---

---

---

---

---

---

**Zapped for a purpose:**  
**Acts 22: 6-11**  
**Say it your way:**

---

---

---

---

---

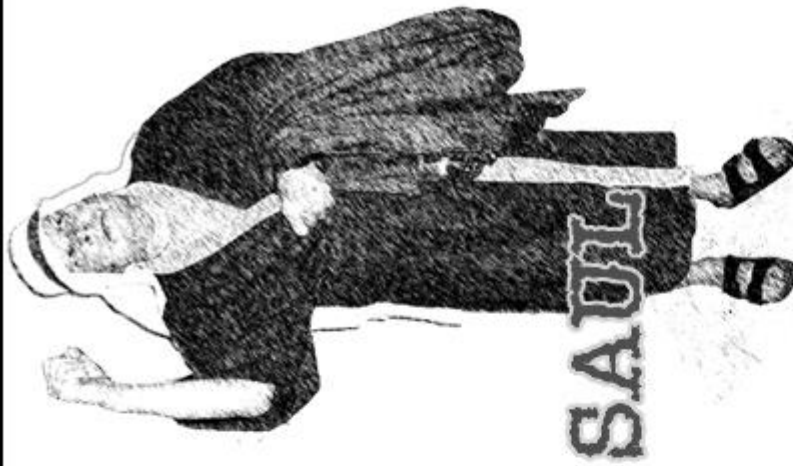
---

---

---

---

---



**Saul**  
**Who was this guy?**  
**What did he do?**  
**Acts 9:1-2**  
**Say it your way:**

---

---

---

---

---

---

---

---

---

---





How did the Apostles/Disciples feel about taking in this "New" Paul

Acts 9:26

Say it your way:

---

---

---

---

---

What changed their feelings?

Acts 9: 27-28

Say it your way:

---

---

---

---

---

Where did the Apostles/Disciples send him?

Acts 9:30

Say it your way:

---



Paul's Job

Acts 26:15-18

Say it your way:

---

---

---

---

---

Saul becomes Paul in Spirit

Acts 9: 10-22

Say it your way:

---

---

---

---

---

---

---

---

---

---

Saul to Paul in name

Acts 13:9

Say it your way:

---

---

---

---

---

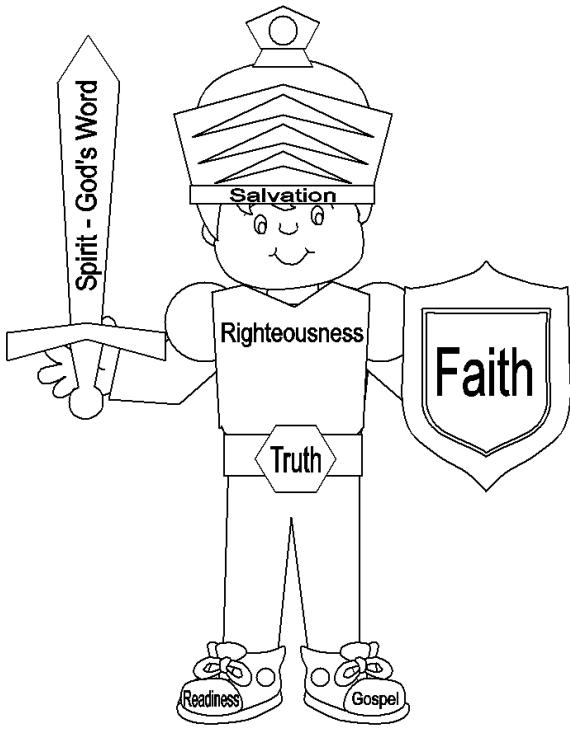
## The Armour of God (Page 1)

Saint Paul tells us that we must take up the Armour of God.

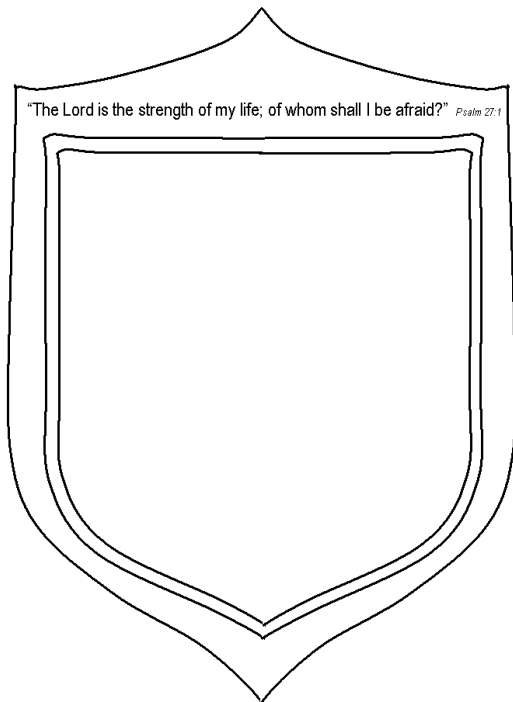
Complete the tasks below and cut and paste the Armour into your jotter.

Your teacher may supply you with a printout of your face so that you can create an image of yourself wearing the armour of God.

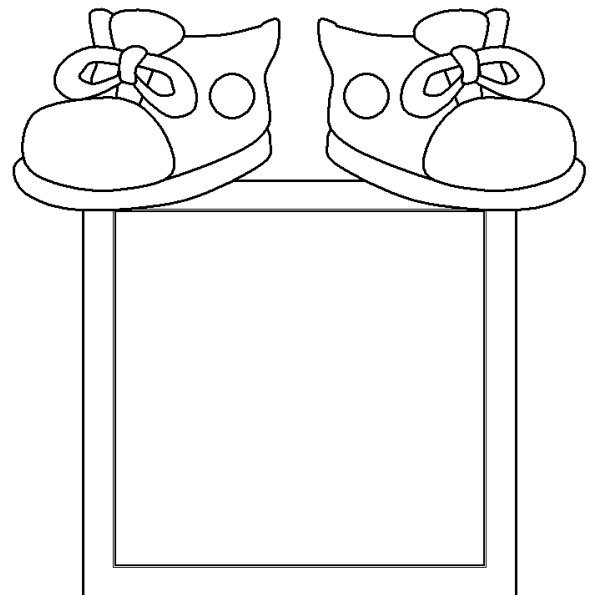
Complete the tasks and colouring before cutting and gluing.



Use your shoes! Share the news!

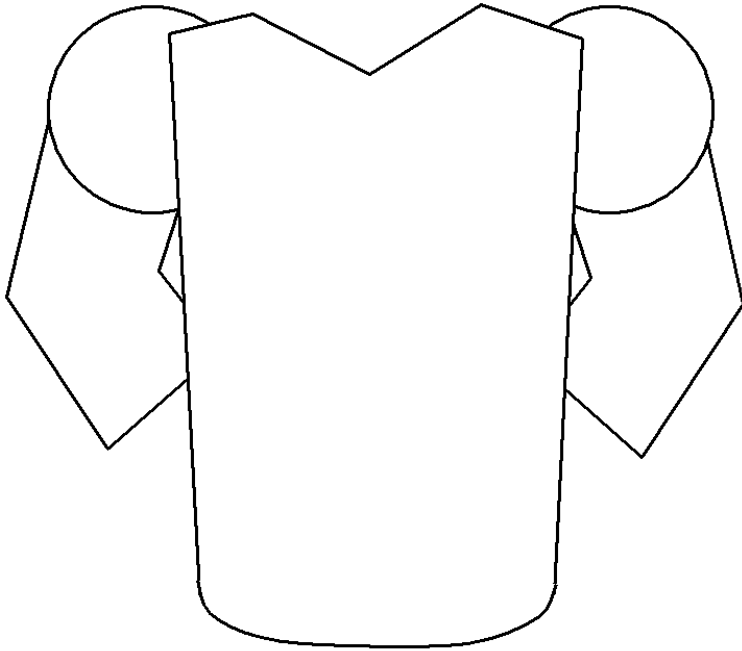


**Activity:** Draw a picture of something scary on the shield of faith.

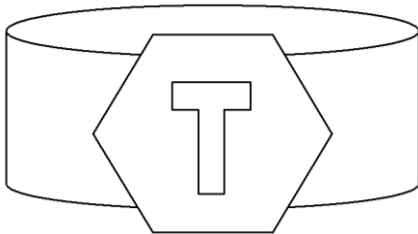


**Activity:** Who would you share God's news with? Write a word or sentence or draw a picture about sharing God's news.

## The Armour of God (Page 2)



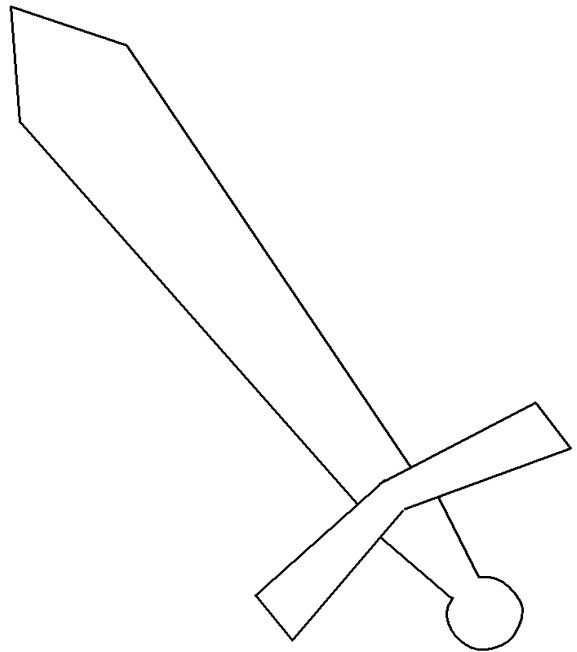
**Activity:** Draw a picture of yourself doing something “right with God” in the center of the breastplate.



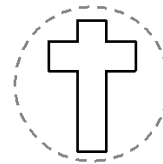
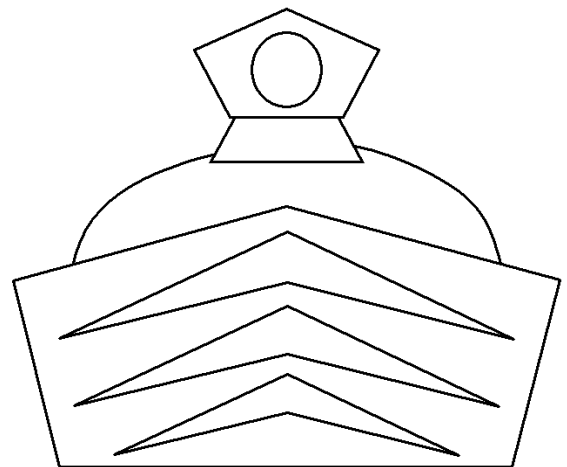
T/F

- \_\_\_\_\_ God knows each one of us.
- \_\_\_\_\_ Jesus only loves people who never make mistakes.
- \_\_\_\_\_ Jesus loves me!
- \_\_\_\_\_ God wants me to wear the whole armor of God.
- \_\_\_\_\_ God only hears us on Sunday.

**Activity:** Put a T beside the true sentences and an F beside the false.



**Activity:** Print four words that make you think of God on the sword of the spirit.



**Activity:** Draw a solid circle around the pictures that lead to salvation.

## Be Thou My Vision Hymn

Be Thou my Vision, O Lord of my heart;  
Naught be all else to me, save that Thou art  
Thou my best Thought, by day or by night,  
Waking or sleeping, Thy presence my light.

Be Thou my Wisdom, and Thou my true Word;  
I ever with Thee and Thou with me, Lord;  
Thou my great Father, I Thy true son;  
Thou in me dwelling, and I with Thee one.

Be Thou my battle Shield, Sword for the fight;  
Be Thou my Dignity, Thou my Delight;  
Thou my soul's Shelter, Thou my high Tower:  
Raise Thou me heavenward, O Power of my power.

Riches I heed not, nor man's empty praise,  
Thou mine Inheritance, now and always:  
Thou and Thou only, first in my heart,  
High King of Heaven, my Treasure Thou art.

High King of Heaven, my victory won,  
May I reach Heaven's joys, O bright Heaven's Sun!  
Heart of my own heart, whatever befall,  
Still be my Vision, O Ruler of all.



## **ACTIVITIES BASED ON THE STORY AND THE MESSAGE OF FATIMA**

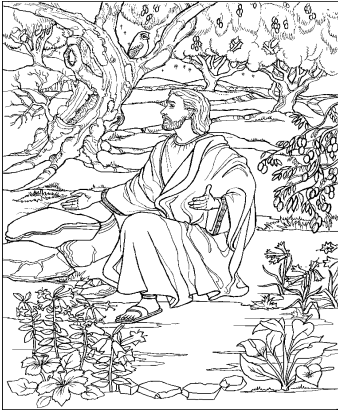
Points for discussion, for writing, and/or for drawing :

1. Why do you think Our Lady chose to appear to simple children?
2. Can you think of other occasions in Scripture when we hear of an Angel appearing?
3. Why do you think Our Lady asked the Children not to be afraid.?
4. Study the Angel's prayer. ("My God I believe.....) Look at each idea in the prayer and identify each thing we are being asked to do. For example, "I believe... this is an act of Faith. Do you know a longer prayer called, "An Act of Faith?".
5. Why would it be important to remember this prayer for a quiet visit to Church or in thanksgiving after Holy Communion?
6. Our Lady asked for Reparation which is atonement for our sins and for other people's sins. Can you think of little acts of Sacrifice that you could make in Reparation?
7. Our Lady came six times to Fatima. Read the story again and list what Our Lady asked for each time she came.
8. Take any one of the Apparitions and do a drama script for it. Don't be afraid to put in your own ideas of what else MIGHT have been said. Include ideas for stage setting and scenery. You may wish to include bystanders in the dialogue.
9. Take any one of the apparitions of the Angel and of Our Lady Draw and colour a picture of it. Write underneath it a small explanation of what is happening in your picture.
10. Imagine you are a Reporter in 1917. Write articles for the local Newspaper in your town or city, describing:  
The First Apparition (what is being said about strange happenings in Fatima; where is this?; who are involved?; what are they claiming?; what are the authorities saying?  
The August Apparition ( why it did not occur on the 13th; what had happened to the children; why the authorities were angry; the crowds.)  
The time before the final Apparition ( the promise of a miracle; the crowds; the attitude of Reporters etc.)  
The event of the Miracle of the Sun. (what exactly happened; did people believe; quote some of their comments....)
11. You have read the story. You have heard the message. Which parts of the Story will you remember always?  
Why did Our Lady come from Heaven to Fatima?  
What is her Message for all of us to-day?
12. What will you do as a result of reading the story and hearing the Message?





# The Sorrowful Mysteries



The first Sorrowful Mystery is \_\_\_\_\_

It can be found in the books of \_\_\_\_\_

Bible References \_\_\_\_\_

The second Sorrowful Mystery is \_\_\_\_\_

It can be found in the books of \_\_\_\_\_

Bible References \_\_\_\_\_



The third Sorrowful Mystery is \_\_\_\_\_

It can be found in the books of \_\_\_\_\_

Bible References \_\_\_\_\_



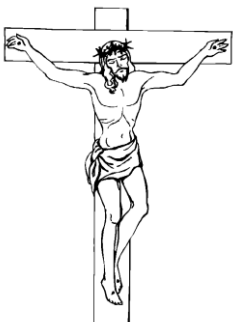
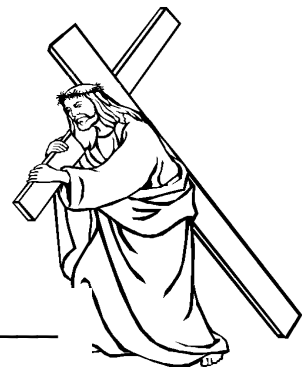
The fourth Sorrowful Mystery is \_\_\_\_\_

It can be found in the books of \_\_\_\_\_

The fifth Sorrowful Mystery is \_\_\_\_\_

It can be found in the books of \_\_\_\_\_

Bible References \_\_\_\_\_



## Michelangelo's Pieta



## Pieta by Michelangelo (1475-1564)

Research the Michelangelo Sculpture of 'Pieta' using the internet. Answer the questions below.

1. How old was Michelangelo when he became an apprentice?

---

2. Which influential family supported Michelangelo?

---

3. Name two things Pope Julius II commissioned Michelangelo to do. (Make a sentence.)

---

---

---

4. Why did Pope Julius want 40 marble statues?

---

---

5. What did Pope Paul III commission him to do?

---

---

6. What is a "Pieta"?

---

---

7. Why is Michelangelo's "Pieta" now enclosed in a glass case?

---

---



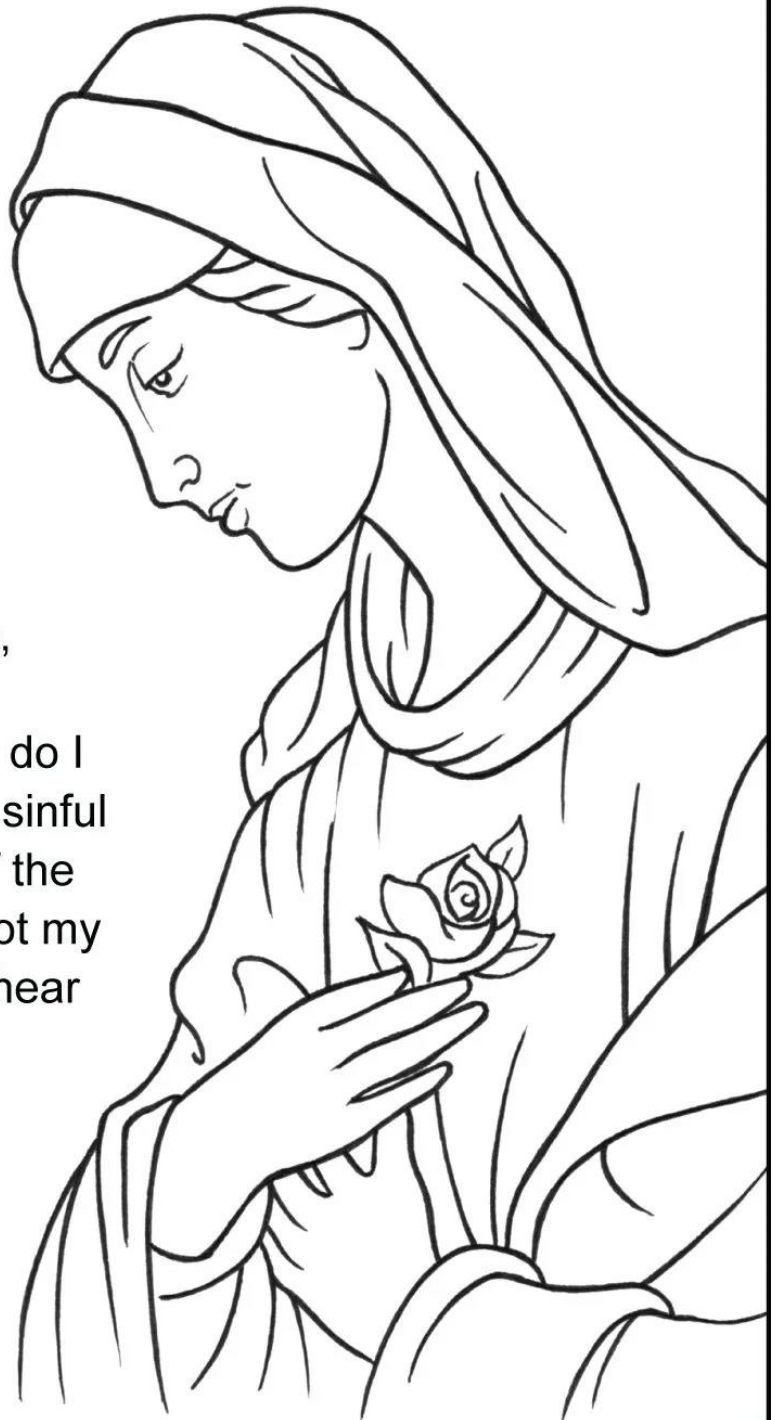


# The Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thine intercession was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.

Amen.



The Memorare Prayer - © TheCatholicKid.com