

## Steps for discernment

1. Ask God regularly what your vocation is, and pray for guidance and insight.
2. Ask Jesus to be part of major decisions in your life, and be attentive to the fruit of the Holy Spirit (joy, peace, gratitude, etc.) to make sure what you desire is what God desires.
3. Ask people who live different vocations (married, religious, priests, deacons) about the blessings and challenges of their vocations.
4. Ask people you trust and respect, including your pastor, for guidance as to how they think God might be asking you to love.
5. Be active in the life of the Church.
6. Participate in the sacraments, study the faith and grow in your own personal prayer life.
7. Be of service to your brothers and sisters and engage with your community.
8. Learn and follow the Church's primary teachings for growing in holiness.
9. Develop and understand your particular gifts, and where those overlap with the greatest need in your local community. (Successful discernment also includes discovering where you don't have gifts.)