
THE MOST HOLY TRINITY – YEAR A

31st May 2026

Vestment Colour: White

The Archdiocese of St Andrew's & Edinburgh has a website that contains further resources, information and plans for Children's Liturgy for use by Children's Liturgy Leaders. A full template is available on the website.

Health & Safety: *Once you are all assembled, take a head count in case of the need to evacuate (if possible, roster of names). Candles are permitted if they are included in your risk assessment.*

Introduction:

Leader: Today, is the Feast of The Most Holy Trinity. This is a reminder to us that God shows himself to us through the three persons of the Holy Trinity- God the Father, Jesus His Son and the Holy Spirit.

Make the Sign of the Cross together.

Light the candles on the table next to the Lectionary.

The Collect:

Leader: God our Father, who by sending into the world the Word of truth and the Spirit of sanctification made known to the human race your wondrous mystery, grant us, we pray, that in professing the true faith, we may acknowledge the Trinity of the eternal glory and adore your Unity, powerful in majesty. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

All: Amen

The Gospel Acclamation: All stand to welcome the Gospel. (*You can encourage the children to sing the Alleluia*).

Alleluia, alleluia.

Glory be to the Father, and to the Son, and to the Holy Spirit, the God who is, who was,
and who is to come.

Alleluia.

Alternatively, you can use (*Sing to the tune of 'If You're Happy and You Know it'*)

Alleluia, alleluia, praise the Lord, Alleluia, alleluia, praise the Lord.

As we listen to the story, let us praise him for his glory.

Alleluia, alleluia, praise the Lord.

Gospel: Select the correct Gospel from the Children's Lectionary (Year A). Alternatively use an approved translation of the Bible (the ESV-CE version or Good News Bible for Children). *Do not paraphrase the Gospel; however, you may need to explain unusual or difficult words and names to the children.*

John 3:16-18

Leader: "A reading from the Holy Gospel according to St. John".

All: "Glory to You, O Lord."

Read the Gospel aloud to the children. At the end say:

Leader: "The Gospel of the Lord".

All reply: "Praise to You, Lord Jesus Christ". Ask everyone to be seated.

Gospel Reflection: *the following are some suggestions to help with a discussion around the Gospel.*

In today's Gospel, we hear how God loves us so much that he sent His only Son to us for our salvation.

Last Sunday we remembered that God sent His Holy Spirit at Pentecost to look after us after Jesus ascended into Heaven. Today we think about Father, Son and Holy Spirit as we learn more about the Holy Trinity.

Ask the children if they know what Trinity means. (Could also discuss the prefix Tri and ask the children if they can think of any other words that start with tri; triangle, trilogy, trio. These all represent three in the same way 'Trinity' represents three.)

Discuss with the children a time when they focus on the Trinity. (Each time they make the Sign of the Cross they are thinking about the Holy Trinity) Practise making the sign of the cross with them and remind them what they should be saying and how they should be doing it, slowly, with their right hand and reverence.

Discuss what each part of the Trinity means.

1. God the **Father** created the world, everything in it and is an infinite being.
2. God the **Son** is Jesus made human who came to earth and died on the Cross for all of us.
3. God the Holy **Spirit** is not visible but with us always to strengthen us.

The children might be confused by this and ask how God can be three in one and all at the same time? Reassure them that it's okay to be confused by it. We call it a mystery of our Faith. We believe in things even when we have not seen them. Ask them about other things they know about even though they have never seen them. They trust that they are true. For example, different parts of the world they know exist even though they have never been there. Our Faith is like this- we believe though we cannot see.

Another way to help the children understand the Trinity is to think of the different roles they take on at one time. They are children to their parents, and they are also friends to their classmates. They are pupils at school. At the same time, they may be a cousin to someone or a sibling. They are only one person but have many different titles.

Prayers of the Faithful:

You may wish to prepare some of these yourselves or ask the children for their prayers. Here are some suggestions for today:

We now ask Our Lord to hear our prayer

Lord Jesus,

Thank you for showing yourself to us through the mystery of the Trinity. May we always seek to know you more deeply through your risen son Jesus.

Lord, in Your mercy.

All reply: **"Hear our prayer."**

Lord Jesus,

Help us to trust in the mystery of The Father, Son and Holy Spirit. That the unity of the Holy Trinity may help you unite us in love with our families and friends.

Lord, in Your mercy.

All reply: **“Hear our prayer.”**

Closing Prayer:

“Glory be to the Father and to the Son and to the Holy Spirit as it was in the beginning, is now and ever shall be world without end. Amen.”

All: Amen.