

21st Sunday in Ordinary Time(Yr B) – 22nd Aug 2021

Preparation

- If possible arrange candles, crucifix and Gospel/ Sunday Missal on a table.

Introduction

Today we hear how many of Jesus' followers did not believe Him when He said His body was "bread from Heaven" and that those who ate it would have "eternal life." Instead they decided to give up and stop following Him.

As we gather at home today, we thank God for our families and for this time we spend together in prayer. We do this today, knowing that God is with us, helping us always especially when times are difficult.

Make the Sign of the Cross – a sign of the love God has for us. An adult lights the candles.

Penitential Act

Adults and children think about how you have behaved in the past week. Especially when our daily routines are different just now. Have you shown patience to those around you? Have you been kind and helpful even when you don't feel like it and it's difficult?

Lead the children in singing the "Sorry Song" – to the tune of Frère Jacques

We are sorry,
Truly sorry,
Heal us Lord,
In Your love,
Help us to do better
Help us to be kinder.
Forgive us,

Forgive us.

Gloria (Sung)

Glory to God in the highest,
and peace to His people on earth.
Lord God, heavenly King,
Almighty God and Father,
we worship You, we give You thanks,
we praise You for Your glory.
Lord Jesus Christ,
only Son of the Father,
Lord God, Lamb of God,
You take away the sin of the world:
have mercy on us;
You are seated at the right hand of the Father:
receive our prayer.
For You alone are the Holy One,
You alone are the Lord,
You alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of the Father.
Amen

All stand to welcome the Gospel singing the Gospel Acclamation:
(Sing to the tune of 'If You're Happy and You Know It)

Alleluia, alleluia, praise the Lord, Alleluia, alleluia, praise the Lord,
As we listen to the story,
let us praise him for his glory. Alleluia, alleluia, praise the Lord (1)

Gospel of John 6:60-69

A reading from the Holy Gospel according to St. John

Explain and demonstrate – make three crosses: one on your forehead,
one on your lips and one on your heart. In this way we think God's word,
we speak God's word and we keep God's word in our hearts as we say
together:

“Glory to You Oh Lord”

Use this link to read the Gospel if you don't have a Sunday Missal

<https://cafod.org.uk>Education>Children'sLiturgy>

Read the Gospel aloud to the children. At the end say:

“The Gospel of The Lord”

All reply : **“Praise to You Lord Jesus Christ”**

Lead a discussion on the Gospel

What happened in the Gospel today?

Jesus had told the crowds of disciples that He was the “Bread of Life” and that those who ate His body and drank His blood would live forever in Heaven.

What did many of the crowds think/do?

Many of the crowd could not believe what Jesus said so they gave up and went away and did not follow Jesus any more.

What about the Apostles? What did they say/do?

Jesus twelve Apostles had faith in Him. They truly believed He was the Son of God.

Peter said to Jesus – “Lord , who else would we follow?.....
We truly believe You are the Holy One of God.”

Peter told Jesus that they believed Him- they believed in His promise of Eternal Life.

We are Jesus' followers today and we also believe that Jesus is the Son of the living God and that He also offers us the gift of Eternal Life with Him in Heaven.

How can we be faithful to Jesus? Discuss with the children
(Being kind, helpful, obedient, prayerful, generous)

Prayers of the Faithful

Lord Jesus,

Thank you for giving the gift of faith. Help us always to believe in You and try to live good lives so that we will live forever with You in Heaven.

Lord in Your Mercy -Hear our Prayer

Lord Jesus,

Help us to be prayerful as Mary was prayerful and to love You more every day.

Lord in Your Mercy -Hear our Prayer

We now pray together saying:

Our Father, who art in heaven,
Hallowed be Thy name:
Thy Kingdom come, Thy will be done,
On earth as it is in heaven.
Give us this day our daily bread,
And forgive us our trespasses,
As we forgive those who trespass against us; And lead us not into
temptation,
But deliver us from evil.

Amen.

We can also say the following prayer as a Spiritual Communion:

Spiritual Communion (Prayer of St. Alphonsus Liguori)

My Jesus,
I believe You are present in the Most Blessed Sacrament.
I love You above all things and I desire to receive You into my soul.
Since I cannot now receive You Sacramentally,
Come at least spiritually into my soul,
I embrace You as if You were already come,
and I unite myself wholly to You.
Never permit me to be separated from You. Amen.

Closing Prayer

Lord Jesus, Help us to love You as we should and to show Your love to others- especially to those who are poor or sick or lonely. Amen.

References

1. The Complete Children's Liturgy Book. Katie Thomson, published by Kevin Mayhew. P196.