

## **The Most Holy Trinity Year A – 7<sup>th</sup> June 2020**

If possible arrange candles, a crucifix and a Gospel or Sunday Missal on a table.

### **Introduction**

Today is the Feast of The Most Holy Trinity. This is a reminder to us that God shows himself to us through the three persons of the Holy Trinity- God the Father, Jesus His Son and the Holy Spirit.

Make the Sign of the Cross – a sign of the love God has for us. By doing this we honour the Holy Trinity, the three persons in our one God.

An adult lights the candles.

### **Penitential Act**

Ask the children to think about how they have behaved in the past week. Especially when our daily routines are different just now. Have you shown patience to those around you? Have you been kind and helpful even when you don't feel like it and it's difficult?

Lead the children in singing the "Sorry Song".

We are sorry,  
Truly sorry,  
Heal us Lord,  
In Your love,  
Help us to do better, Help us to be kinder. Forgive us,

Forgive us.

### **Gloria (Sung)**

*(To the Tune of Frere Jacques)*

Glory to God in the highest,  
and peace to His people on earth.

Lord God, heavenly King,

Almighty God and Father,  
we worship You, we give You thanks,  
we praise You for Your glory.

Lord Jesus Christ,  
only Son of the Father,  
Lord God, Lamb of God,  
You take away the sin of the world:  
have mercy on us;  
You are seated at the right hand of the Father:  
receive our prayer.

For You alone are the Holy One,  
You alone are the Lord,  
You alone are the Most High,  
Jesus Christ, with the Holy Spirit,  
in the glory of the Father.

Amen

All stand to welcome the Gospel singing the **Gospel Acclamation:**

*(Sing to the tune of 'If You're Happy and You Know It')*

Alleluia, alleluia, praise the Lord, Alleluia, alleluia, praise the Lord,

As we listen to the story,  
let us praise him for his glory. Alleluia, alleluia, praise the Lord.

### **Gospel**

**A reading from the Holy Gospel According to St. John**

All say "Glory to You Oh Lord" while making a cross on your forehead, on your lips and on your heart.

John 3:16-18 (refer to <https://cafod.org.uk>>Education>Children's liturgy)

**Finish by saying: The Gospel of the Lord All reply : Praise to You Lord Jesus Christ**

### **Lead a Discussion on the Gospel**

In today's Gospel, Jesus speaks of His Father's love for all of us. Last Sunday we remember that God sent His Holy Spirit at Pentecost to look after us after Jesus ascended into Heaven. Today we think about Father, Son and Holy Spirit as we learn more about the Holy Trinity. Ask the children know what Trinity means. (Could also discuss the prefix Tri and ask the children if they can think of any other words that start with tri; triangle, trilogy, trio. These all represent three in the same way 'Trinity' represents three.)

Discuss with the children a time when they focus on the Trinity. (Each time they make the Sign of the Cross they are thinking about the Holy Trinity) Practise making the sign of the cross with them and remind them what they should be saying and how they should be doing it, slowly, with their right hand and reverence.

Discuss what each part of the Trinity means.

1. God the **Father** created the world, everything in it and is an infinite being.
2. God the **Son** is Jesus made human who came to earth and died on the Cross for all of us.
3. God the Holy **Spirit** is not visible but with us always to strengthen us.

The children might be confused by this and ask how God can be three in one and all at the same time? Reassure them that it's okay to be confused by it. We call it a mystery of our Faith. We believe in things even when we have not seen them. Ask them about other things they know about even though they have never seen them. They trust that they are true. For example, different parts of the world they know exist even though they have never been there. Our Faith is like this- we believe though we cannot see.

Another way to help the children understand the Trinity is to think of the different roles they take on at one time. They are children to

their parents and they are also friends to their classmates. They are pupils at school. At the same time, they may be a cousin to someone or a sibling. They are only one person but have many different titles.

## **Prayers of the Faithful**

Lord Jesus,

Thank you for showing yourself to us through the mystery of the Trinity. May we always seek to know you more deeply through your risen son Jesus.

**Lord, in Your mercy.**

All reply: **“Hear our prayer.”**

Lord Jesus,

Help us to trust in the mystery of The Father, Son and Holy Spirit. That the unity of the Holy Trinity may help you unite us in love with our families and friends.

**Lord, in Your mercy.**

All reply: **“Hear our prayer.”**

## **Closing Prayer**

“Glory be to the Father and to the Son and to the Holy Spirit as it was in the beginning, is now and ever shall be world without end. Amen.”

*For Parents or Carers reading this at home, there are some further resources on the Archdiocesan website including some craft ideas to prepare in advance to help with reflection or enjoy afterwards.*