

## **The Most Holy Trinity- Year C – 16<sup>th</sup> June 2019**

### Introduction

Today is the solemnity of the Most Holy Trinity. This is reminder to us that God shows himself to us through the Father, the Son and the Holy Spirit.

Make the Sign of the Cross – a sign of the love God has for us. (This is optional, as we have already done this at the start of Holy Mass, but for young children it helps to demonstrate and practice how to do this correctly.

Light the candles on the table next to the Lectionary. An adult lights the candles).

### Penitential Act

Ask the children to think about how they have behaved in the past week. Ask them if they have always been kind and helpful to others, obedient to their parents, listened to their teachers etc.

Lead the children in singing the “sorry song”.

We are sorry,  
Truly sorry,  
Heal us Lord,  
In Your love,  
Help us to do better, Help us to be kinder. Forgive us,

Forgive us.

(sung to tune of Frere Jacques)

### **Gloria (sung)**

Choose a children’s version of the Gloria from one of our listed Children’s Liturgy Resource books, or you may have another CL resource. You will probably want to practice your chosen Gloria and use it every week so that everyone becomes familiar with it.

All stand to welcome the Gospel singing the **Gospel Acclamation:**

Alleluia, Make disciples and baptise in this way:  
“In the name of the Father,  
And of the Son  
And of the Holy Spirit” (same tune as above)

### **Gospel**

Select the correct Gospel from the Children’s Lectionary. This week it’s on page 63 Book of Readings. The Lectionary Adapted for Children.” (Year C)

Matthew 28:16-20

“A reading from the Holy Gospel according to St. Matthew”.

**Explain and demonstrate – make three crosses: one on your forehead, one on your lips and one on your heart** (in this way we think God’s word, speak God’s word and keep God’s word in our hearts) **as we say together “Glory to You, O Lord.”**

Read the Gospel aloud to the children. At the end say:

**“The Gospel of the Lord”.**

All reply: **“Praise to You, Lord Jesus Christ”**. Ask everyone to be seated.

### **Lead a Discussion on the Gospel**

In today’s Gospel, we learn more about the Holy Trinity. Ask if any of the children know what Trinity means. (Could also discuss the prefix Tri and ask the children if they can think of any other words that start with tri; triangle, trilogy, trio. These all represent three in the same way ‘Trinity’ represents three.)

Discuss with the children a time when they focus on the trinity. (Each time they make the Sign of the Cross they are thinking about the Holy Trinity)

Discuss what each part of the Trinity means. 1. God the **Father** created the world, everything in it and is an infinite being. 2. God the **Son** is Jesus made human who came to earth and died on the Cross for all of us. God the Holy **Spirit** is not visible but with us always to strengthen us.

The children might be confused by this and ask how God can be three in one? Reassure them that it's okay to be confused by it. We call it a mystery of our Faith. We believe in things even when we have not seen them. Can ask them about other things they know about even though

they have never seen them, they trust that they are true. Our Faith is the same.

Another way to help the children understand the Trinity is to think of the different roles they take on at one time. They are children to their parents and they are also friends to their classmates. They are pupils at school. At the same time, they may be a cousin to someone or a sibling. They are only one person but have many different titles.

### **Prayers of the Faithful (optional/ time dependent)**

You may wish to prepare some of these yourselves or ask the children for their prayers. Here are some suggestions for today:

Lord Jesus,

Thank you for showing yourself to us through the mystery of the Trinity. May we always seek to know you more deeply through your risen son Jesus.

**Lord, in Your mercy.**

All reply: **“Hear our prayer.”**

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Lord Jesus,

Help us to trust in the mystery of The Father, Son and Holy Spirit. That the unity of the Holy Trinity may help you unite us in love with our families and friends.

**Lord, in Your mercy.**

All reply: **“Hear our prayer.”**

### **Closing Prayer**

“Glory be to the Father and to the Son and to the Holy Spirit as it was in the beginning, is now and ever shall be world without end. Amen.”

Now ask for volunteers for the Offertory Procession. After the procession, children return quietly to sit with their families in church.