

The Most Holy Body and Blood of Christ (Year B) – 6th June 2021

Preparation

- If possible arrange candles, crucifix and Gospel/ Sunday Missal on a table.

Introduction

Today is the Solemnity of the Most Holy Body and Blood of Jesus Christ, also known as Corpus Christi. We are reminded that Jesus is truly present-body, blood, soul and divinity in the consecrated sacred host under the appearance of bread. He shares Himself with us in this very special way at Holy Mass.

As we gather at home today, we thank God for our families and for this time we spend together in prayer. We do this today, knowing that God is with us, helping us always especially when times are difficult.

Make the Sign of the Cross – a sign of the love God has for us. An adult lights the candles.

Penitential Act

Adults and children think about how you have behaved in the past week. Especially when our daily routines are different just now. Have you shown patience to those around you? Have you been kind and helpful even when you don't feel like it and it's difficult?

Lead the children in singing the "Sorry Song".

We are sorry,
Truly sorry,
Heal us Lord,
In Your love,
Help us to do better, Help us to be kinder. Forgive us,
Forgive us.

(To the Tune of Frère Jacques)

Gloria (Sung)

Glory to God in the highest,
and peace to His people on earth.
Lord God, heavenly King,
Almighty God and Father,
we worship You, we give You thanks,
we praise You for Your glory.
Lord Jesus Christ,
only Son of the Father,
Lord God, Lamb of God,
You take away the sin of the world:
have mercy on us;
You are seated at the right hand of the Father:
receive our prayer.
For You alone are the Holy One,
You alone are the Lord,
You alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of the Father.
Amen

All stand to welcome the Gospel singing the Gospel Acclamation:
(Sing to the tune of 'If You're Happy and You Know It')

Alleluia, alleluia, praise the Lord, Alleluia, alleluia, praise the Lord,
As we listen to the story,
let us praise him for his glory. Alleluia, alleluia, praise the Lord (1)

Gospel (Mark 14:12-16,22-26)

A reading from the Holy Gospel according to St. Mark

Explain and demonstrate – make three crosses: one on your forehead,
one on your lips and one on your heart. In this way we think God's word,
we speak God's word and we keep God's word in our hearts as we say
together:

“Glory to You Oh Lord”

Use this link to read the Gospel if you don't have a Sunday Missal

<https://cafod.org.uk>Education>Children'sLiturgy>

Read the Gospel aloud to the children. At the end say:

“The Gospel of The Lord”

All reply : **“Praise to You Lord Jesus Christ”**

Lead a Discussion on the Gospel

In today's Gospel we hear about a special meal that Jesus celebrated with his disciples, called the 'Passover.' Discuss with the children what this night is also known as.

It is called The Last Supper.

Jesus said some very important things to the disciples at the Last Supper, what did He say?

He took some bread and said “Take this and eat it.This is my body.”

Then he took some wine and said “Take this and drink it.This is my blood, poured out for you.”

We know that Jesus wanted to leave this gift with the Disciples and all of us because of what he said. He said “Do this in memory of me” We do as Jesus asked and receive his body and blood. Can you think of a time when we do this?

Every time Holy Mass is celebrated, we are doing as Jesus asked us to - sharing a meal together and receiving Him in the Holy Eucharist.

Eucharist means thanksgiving, we are so thankful that Jesus comes to us in a special way at Mass, in Holy Communion.

Discuss with the children the reason they must eat food and why it is necessary in their lives. It gives them strength and energy and allows their bodies to grow and develop.

When we go to Holy Mass, Jesus is our spiritual food. When we celebrate Holy Mass, we are becoming closer to Jesus and He is giving us strength and energy to walk with Him and share His love with others.

Prayers of the Faithful

Lord Jesus,
Thank you for leaving us with the most precious gift of your body and blood. You are our Spiritual food, you provide us with the nourishment needed for Eternal life.

Lord in Your Mercy -Hear our Prayer

Lord Jesus,
Thank you for all Priests who celebrate Holy Mass for us. Jesus you truly are the bread of life.Help us to always know how special the Eucharist is and share Your love with others.

Lord in Your Mercy -Hear our Prayer

We now pray together saying:

Our Father, who art in heaven,
Hallowed be Thy name:
Thy Kingdom come, Thy will be done,
On earth as it is in heaven.
Give us this day our daily bread,
And forgive us our trespasses,
As we forgive those who trespass against us; And lead us not into temptation,
But deliver us from evil. Amen.

We can also say the following prayer as a Spiritual Communion:

Spiritual Communion (Prayer of St. Alphonsus Liguori)

My Jesus,
I believe You are present in the Most Blessed Sacrament.

I love You above all things and I desire to receive You into my soul.
Since I cannot now receive You Sacramentally,
Come at least spiritually into my soul,
I embrace You as if You were already come,
and I unite myself wholly to You.
Never permit me to be separated from You. Amen.

Closing Prayer

Lord Jesus, Help us to love You as we should and to show your love to others- especially to those who are poor or sick or lonely. Amen.

References

1. The Complete Children's Liturgy Book. Katie Thomson, published by Kevin Mayhew. P62.