
Third Sunday in Ordinary Time

Year C – 26th January 2025

Vestment Colour: Green

PREPARATION

If possible, arrange candles, a crucifix and Gospel/Sunday Missal on a table.

INTRODUCTION

Today we hear about how Jesus, strengthened by the Holy Spirit on His return to Galilee after spending forty days in the desert, begins to teach in the synagogues, and in the synagogue in Nazareth He says that He brings “Good News” to the poor.

Make the Sign of the Cross– a sign of the love God has for us. This is optional, as we have already done this at the start of Holy Mass, but for young children it helps to demonstrate and practice how to do this correctly.

Light the candles on the table next to the Lectionary. An adult lights the candles.

Penitential Act

Ask the children to think about how they have behaved in the past week. Ask them if they have always been kind and helpful to others, obedient to their parents, listened to their teachers etc.

Lead the children in singing the “sorry song”. (sung to tune of Frere Jacques)

We are sorry,
Truly sorry,
Heal us Lord,
In Your love,
Help us to do better,

Help us to be kinder.
Forgive us,
Forgive us.

GLORIA (sung)

Choose a children's version of the Gloria from one of our listed Children's Liturgy Resource books, or you may have another Children's Liturgy resource. You will probably want to practice your chosen Gloria and use it every week so that everyone becomes familiar with it.

Alternatively say:

Glory to God in the highest,
and on earth peace to people of good will.

We praise you; we bless you, we adore you, we glorify you.

We give you thanks for your great glory.

Lord God, heavenly King,

O God, almighty Father.

Lord Jesus Christ,
only begotten Son,

Lord God, Lamb of God,

Son of the Father,
You take away the sins of the world:
have mercy on us;

You take away the sins of the world,
receive our prayer.

You are seated at the right hand of the Father:
have mercy on us.

For You alone are the Holy One,
You alone are the Lord,
You alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of the Father.

Amen

All stand to welcome the Gospel singing the **Gospel Acclamation:** (same tune as above)

Alleluia, Alleluia.
God's Spirit
Is on me,
Bringing Good News,
Bringing Good news,
To the poor,
To the poor.

Alternatively, we say:

Alleluia, alleluia
The Lord has sent me to proclaim good news to the poor; to proclaim liberty to
the captives.
Alleluia.

GOSPEL

Select the correct Gospel from your copy of a Children's Lectionary in Year C.

Luke 4:14-21

"A reading from the Holy Gospel according to St. Luke".

Explain and demonstrate – make three crosses: one on your forehead, one **on your lips** and one on your heart (in this way we think God's word, speak God's word and keep God's word in our hearts) as we say together

"Glory to You, O Lord."

Read the Gospel aloud to the children. At the end say:

"The Gospel of the Lord".

All reply:

"Praise to You, Lord Jesus Christ".

Ask everyone to be seated.

LEAD A DISCUSSION ON THE GOSPEL

- ❖ With the help of the power of the Holy Spirit, what did Jesus say that he had been sent to do?
(Bring “Good News” to the poor).
- ❖ Who else did Jesus’ help? (The sick, the blind, the deaf, those who were disabled or rejected by other people. He helped anyone in need).
Ask the children if they can remember who Jesus helped?
- ❖ When did we receive the Holy Spirit? (The children are too young to have received the Sacrament of Confirmation).

We received the Holy Spirit at our Baptism.
- ❖ We too are called to help those in need. Ask the children how they think they can help.

PRAYERS OF THE FAITHFUL (optional/ time dependent)

You may wish to prepare some of these yourselves or ask the children for their prayers. Here are some suggestions for today:

Dear Jesus

Help us always to help those who are in need in whatever way we can. Help us to be generous and kind and to share what we have with others – especially those most in need.

Lord, in Your mercy.

All reply: **“Hear our prayer.”**

Dear Holy Spirit

You came to us in the Sacrament of Baptism to strengthen us and help us to be good. Help us always to show God’s love to those in need.

Lord, in Your mercy.

All reply: **“Hear our prayer.”**

ACTIVITY

If there is time look to your children's liturgy book for an activity that the children can do. There are some resources available at the end of this document.

CLOSING PRAYER

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end.

Amen.

Now ask for volunteers for the Offertory Procession. After the procession, children return quietly to sit with their families in church.

Useful Resources

CAFOD at <https://cafod.org.uk/Children-s-Liturgy>

Children's Liturgy with Emily:

<https://www.youtube.com/watch?v=HwnLJNMXemY>

Archdiocese of Dunkeld: <https://www.dunkelddiocese.co.uk/resources-for-children-liturgy/>

Search for page entitled 'Resources for Children's Liturgy'

The Liturgy of the Word with Children by Katie Thompson, publisher Kevin Mayhew

